

## L'Abri Morning Prayers

We are here before our Creator and Father, to bring our thanksgiving, to listen to His Holy Word, and to offer our prayers. Let us prepare ourselves by confessing our sins.

### **Confession:**

Seek the Lord while He may be found,  
**Call upon Him while He is near.**  
Turn back to the Lord, who will have mercy on us;  
**To our God who will freely pardon us.**

*Silence for confession*

**Have mercy on us, O God, according to your loving-kindness;  
And in you great compassion forgive us all our offenses:  
For we have sinned against you,  
And done what is evil in your sight.  
Purge us from our sin, and we shall be pure:  
Wash us, and we shall be whiter than snow.  
Create in us a clean heart, O God:  
And make us true in our innermost being.**

The Lord forgives all our sins,  
And – as far as the east is from the west – removes our transgressions from us;  
Through Jesus Christ our Saviour. **Amen.**

Blessed is the Lord,  
**For He has heard our prayer;**  
Therefore our hearts dance for joy  
**And with our mouths we shall thank the Lord.**

### **Thanksgiving**

#### ***Venite Psalm 95 1-7***

Come, let us sing to the Lord;  
Let us shout for joy to the Rock of our salvation.  
Let us come before his presence with thanksgiving  
And raise a loud shout to him with psalms.  
For the Lord is a great God,  
And a great King above all gods.  
In his hand are the caverns of the earth,  
And the heights of the hills are his also.  
The sea is his, for he made it,  
And his hands have moulded the dry land.  
Come, let us bow down, and bend the knee,  
And kneel before the Lord our Maker.  
For he is our God,  
And we are the people of his pasture and the sheep of his hand.

**Jubilate**      *Psalm 100*

Shout to the Lord, all the earth.  
Serve the Lord with gladness;  
Come before him with joyful songs.  
Know that the Lord is God.  
It is he who made us, and we are his;  
We are his people, the sheep of his pasture.

Enter his gates with thanksgiving  
And his courts with praise;  
Give thanks to him and praise his name.  
For the Lord is good and his love endures forever;  
His faithfulness endures through all generations.

*Silence for Thanksgiving*

**A Litany of Thanksgiving**

*Leader says*

Let us give thanks to God our Father for all his gifts so freely given to us:

For the beauty and wonder of your creation, in earth and sky and sea,

***We thank you, Lord***

For all that is gracious in the lives of men and women, revealing the image of Christ,

***We thank you, Lord***

For our daily food and drink, our homes and families, and our friends,

***We thank you, Lord***

For minds to think, and hearts to love, and hands to serve,

***We thank you, Lord***

For health and strength to work, and leisure for rest and play,

***We thank you, Lord***

For the brave and courageous, who are patient in suffering and faithful in adversity,

***We thank you, Lord***

For all valiant seekers after truth, liberty and justice,

***We thank you, Lord***

For the communion of saints, in all times and places,

***We thank you, Lord***

Above all, we give you thanks for everything we have in Christ Jesus our Lord;

***To him be praise and glory, with you, O Father, and the Holy Spirit, now and for ever.***

***Amen.***

## **The Psalm**

*At the end of the Psalm*

Glory to the Father, and to the Son, and to the Holy Spirit:  
As it was in the beginning, is now, and will be forever. Amen.

## **The Holy Reading**

*Leader says prayer for illumination*

Lord God, as we read your Holy Word  
Give us the Spirit of wisdom and revelation  
So that we may know Christ better.  
Open our minds, our imagination and our wills  
Until our hearts are still before you;  
Speak Lord! Your people are listening. Amen.

## **Bible Reading – Reader go slow!**

*When finished repeat a small section of the reading, and then leave space for silent meditation.*

*(On Wednesdays go to back pages to 'Prayers for Healing and Wholeness')*

## **The Apostles' Creed**

I believe in God,  
The Father Almighty  
Creator of heaven and earth.  
I believe in Jesus Christ,  
His only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
And born of the Virgin Mary.  
He suffered under Pontius Pilate,  
Was crucified, died and was buried.  
He descended to the dead.  
On the third day, he rose again.  
He ascended into heaven,  
And is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
The holy catholic Church,  
The communion of saints,  
The forgiveness of sins,  
The resurrection of the body,  
And the life everlasting.  
Amen.

## **The Prayers**

*Leader* Lord, hear our prayer

*People* And let our cry come to you.

*Leader* Let us pray

**The Collects** (*see the folder for weekly seasonal collect*)

***Tuesday***

Almighty and everlasting God, we thank you that you have brought us safely to the beginning of this day. Keep us from falling into sin or running into danger, order us in all we do, and guide us to those things which please you;  
Through Jesus Christ our Lord, **Amen.**

***Wednesday***

Maker of all, you have created the heavens and the earth and made us in your own image: May we discern your hand in all your works and serve you with reverence and thanksgiving;  
Through Jesus Christ our Lord. **Amen.**

***Friday***

Almighty God, whose most dear son went not up to joy but first he suffered pain, and entered not into Glory before he was crucified:  
Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace;  
Through Jesus Christ your son our Lord. **Amen.**

***Saturday***

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our will, that we may be wholly yours, totally dedicated unto you; and then use us as you want, to your glory, and the well-being of your people;  
Through our Lord and Saviour Jesus Christ. **Amen.**

***Time for open intercessions***

***The Lords Prayer***

Our Father, who art in heaven,  
Hallowed be thy Name.  
Thy kingdom come, thy will be done,  
In earth as it is in heaven.  
Give us this day our daily bread  
And forgive us our trespasses,  
As we forgive those who trespass against us.  
And lead us not into temptation,  
But deliver us from evil.  
For thine is the kingdom,  
And the power, and the glory,  
For ever and ever. Amen.

## **Wednesday Prayers for Healing and Wholeness**

Hear this tender invitation from the mouth of our Lord;

*'Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.'*

Great and sovereign God, gentle and merciful Lord.  
Your Son brought healing to the weak and to the distressed.  
He opened the eyes that were blind, freed captives from prison  
and gave release from the dungeon to those who sat in darkness.  
He broke the power of evil to set us free from sin and death.  
He rose from the dead that we might become partakers of his wholeness.  
In your mercy remember all our suffering  
- and in the fullness of time complete your gracious work,  
that we may be restored in your image, and renewed in your love.

Holy God, in whom we live and move and have our being,  
We make our prayer to you saying,  
Lord, hear us.

**Lord, Graciously hear us.**

Give us the peace of your presence,  
And the power of your deliverance.  
Lord, hear us.

**Lord, Graciously hear us.**

Sustain and support us in all our anxieties and fears  
And lift us out of the pit.  
Lord, hear us.

**Lord, Graciously hear us.**

Extend your healing Grace to us in our brokenness  
That we may be made whole in body, mind and spirit.  
Lord, hear us.

**Lord, Graciously hear us.**

Hear us, Lord of life.

**Heal us, and make us whole.**

*A quiet moment in which to record your personal need for healing.*

O Lord our God, accept our prayer for healing  
And in your mercy look with compassion upon us and all who turn to you for help;  
For you are gracious and tender, and to you we give glory,  
Father, Son, and Holy Spirit, now and for ever.

**Amen.**

In the name of God and trusting in his might alone,  
**We receive Christ's healing touch to make us whole.**

May Christ bring us wholeness  
of body, mind and spirit,  
deliver us from every evil,  
and give us his peace.

**Amen.**

The Almighty Lord,  
who is a strong tower for all who put their trust in him,  
whom all things in heaven, on earth and under the earth obey,  
be now and evermore our defence.

May we believe and trust that the only name under heaven  
given for health and salvation  
is the name of our Lord Jesus Christ.

**Amen.**

*Leader concludes with:*

Go in peace to love and serve the Lord!